

# SHARK BITES

*Slicing and dicing info into "bite" sized pieces!*

## OUR TOP PICKS

We are striving to excite, engage, and enrich your understanding of YOUR connection to local waterways, no matter where you live.

At the core of all that we do is a passion to inspire others to help leave this world a better place, be the change to protect our planet, and instill a love and wonder of the natural world in you and future generations.



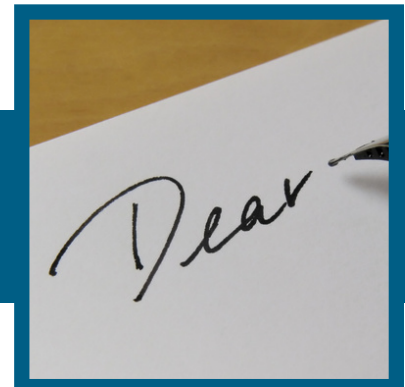
### NO MOW MAY

This May take a break from mowing your lawn and let those pollinators get a jump start on doing their jobs.



### COLD WATER SAFETY

Even though the air is warm, the water is still cold! Here are some safety tips to consider.



### DEAR SHARK: CHICKENS

You have questions, we have answers! We will reply to your most pressing queries about our local waterways!



## NO MOW MAY

BY JOSALYN BONNEY, EDITOR

Is mowing the lawn an annoying task that's usually put off until the grass is long enough that you can see it growing? Well, I've got some good news for you this spring. While it might still seem like a long way off, it's time to start thinking about the to-do list that comes with the warmer months. A relatively new initiative called 'No Mow May' is taking place where citizens are putting off lawn care until summer. That's right; a whole season with one less chore to do.

Leaving your lawn to the natural elements helps pollinators (such as bees and butterflies) get a jump start on doing their jobs. While dandelions, clover and other wildflowers might be an eyesore to us, these plants are full of nutrients for these insects.

[Read more...](#)

No Winter lasts forever; no  
Spring skips its turn.

~Hal Borland



## Supporter Spotlight

BRUNCH PRESENTING SPONSOR  
PYY MARINE

We LOVE shining the spotlight on our  
FIN-TASTIC sponsors that help us  
achieve our mission!

HUGE KUDOS & THANK YOU to  
Mike Hatcher - PYY Marine Owner and  
CSH2O's Outreach Coordinator for  
sharing his thoughts on supporting us!



"PYY Marine was thrilled to sponsor the  
2023 CSH2O Brunch Fundraiser. As a  
marine-centric business, PYY is  
committed to promoting the "boating  
lifestyle" to our customers and our  
community.



In addition to providing outstanding sales  
and service for our customers,  
PYY takes an active role to ensure that the  
waterways our business and community  
rely on remain healthy.



We can't think of a better way to do this  
than support CSH2O whose mission  
remains to educate our youth on how vital  
the Chesapeake Bay and its waterways  
are to our communities  
and to each of us as individuals."



## COLD WATER SAFETY

BY BRYAN KENT GOMES, EDUCATION COORDINATOR

While it may say March on the calendar and spring may be “in the air”, do you know what the water temperature is this time of year? On average, the water temperature in our local rivers is about 40 degrees! That is downright cold, and if you happen to go into the water (accidentally or on purpose) you will soon find this number to be true.

We all love to spend time on and around the water, and we extend our waterfront activities both later into the fall and earlier into the winter. Whether it is boating, fishing, kayaking, crabbing or just going to the water’s edge for a meal or view, we need to be aware of what the water can do to us when it is this cold.

The cold water steals our insulating abilities through conduction. Conduction is the transfer of heat from something that is warmer (the person) to something that is colder (the water). And cold water drains our body temperature four times faster than cold air!

[Read more...](#)



# HELLO Spring

**LOOK WHO'S BACK!**



OSPREYS

**Have you noticed that our waters are clearer in winter?**

The key to the clarity is due to the lack of sunlight and lack of heat that warms the waterways. They become clearer due to less microorganisms in the water column like zooplankton and phytoplankton. Read more about Bay Water Quality [HERE](#).

### Local Happenings

Looking for something fun & interesting to do in Pasadena?

Check out [HISTORIC HANCOCK'S RESOLUTION](#)

### Spring Events

4/15 Eco Adventures Earth Day  
5/6 Bodkin Environmental Fair

SAVE THE DATE

Full Moon

Paddle

May 4 & June 2

## Dear Shark,

"Over the winter, chicken egg prices went up quite a bit. It has me considering getting my own "backyard chickens" to help mitigate the cost of eggs. However, I'm wondering if it'll be cost effective, and I have no idea where to start. Do you think it's *egg*-onomically worth it?"

-Sincerely, Egg-cited About Chickens

Answer provided by: Jen Aiken, CSH2O Environmental Educator

Dear Egg-cited About Chickens,  
Ask anyone who has backyard chickens and they'll for sure say that they are worth the investment. Not only do they become beloved pets, boasting fun and unique personalities, but also having fresh eggs can't be *beat*. Eggs are considered a highly nutritious food. According to Harvard Health, "they are relatively low in calories and saturated fat, and rich in protein, vitamins, minerals, and other healthy nutrients like lutein and zeaxanthin, which are good for the eyes, and choline, which is needed by nerves and the brain". So, there's no *volking* about it, having chickens for their eggs is the way to go. However, it's not quite as simple as just going to a farm supply store and buying chicks. Don't just *wing* it...there are some considerations and *chicken*-leg work to do in advance to prepare.



[Read more...](#)



## Keeping Up WITH THE CLEARSHARKIANS



### Shark Yoga

16 Yogis enjoyed a challenging yet, relaxing class led by Instructor, Kelly Doub at the Yoga Barn

## 9th Annual CSH2O Brunch Fundraiser

We raised \$30K this year! Your generosity goes directly to providing Environmental Education programs to schools and community groups.

Thank You!



## Program Update

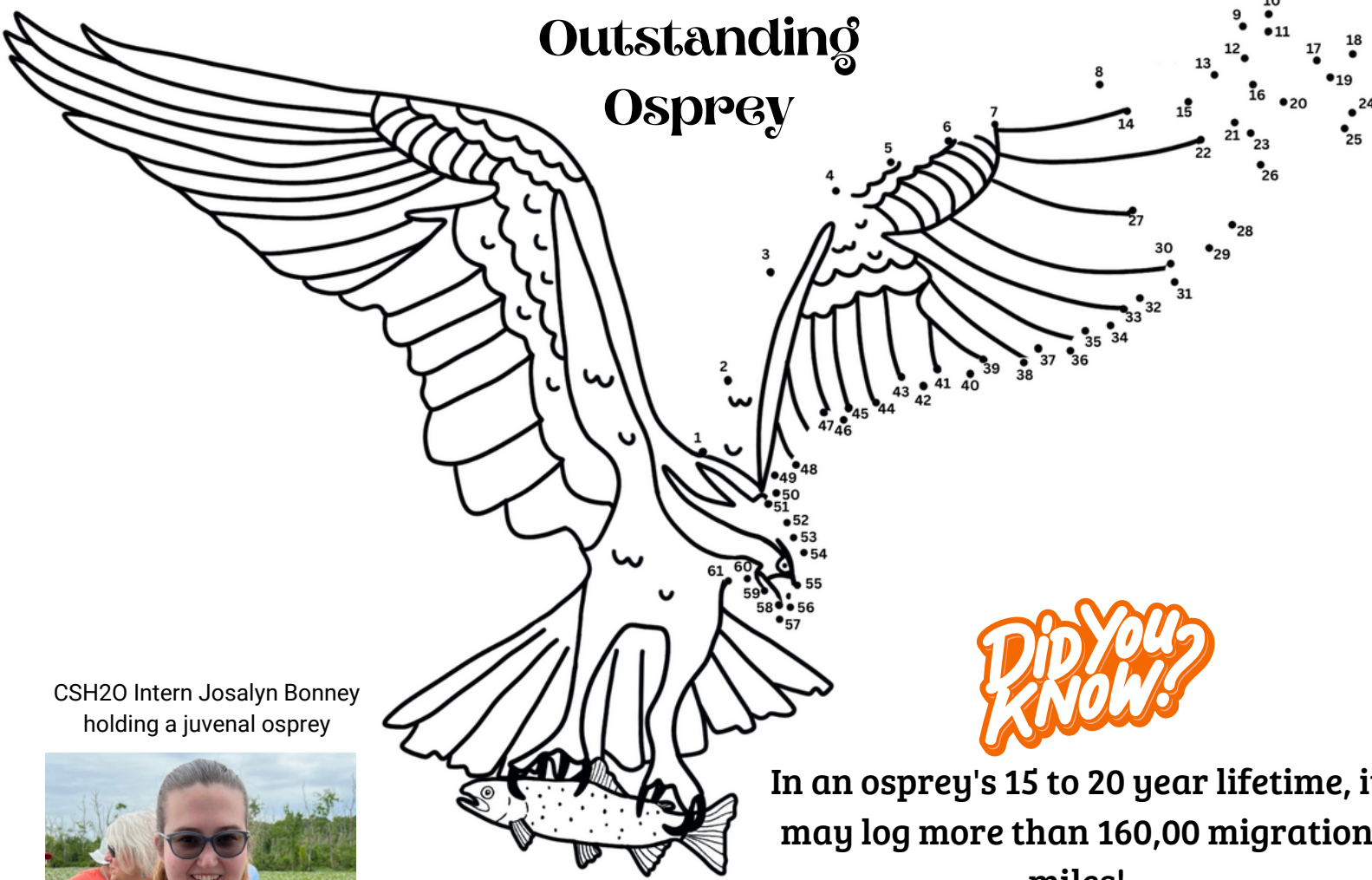
Since the start of the 2023 school year, our Educators have presented to nearly 3,000 students of all ages. And, we are scheduled to see over 2,000 through the end of this school year!



## KIDS KORNER



### Outstanding Osprey



**Did You Know?**

In an osprey's 15 to 20 year lifetime, it may log more than 160,000 migration miles!

CSH2O Intern Josalyn Bonney holding a juvenal osprey



**So, where do they go?**

Credit: CBF.ORG

